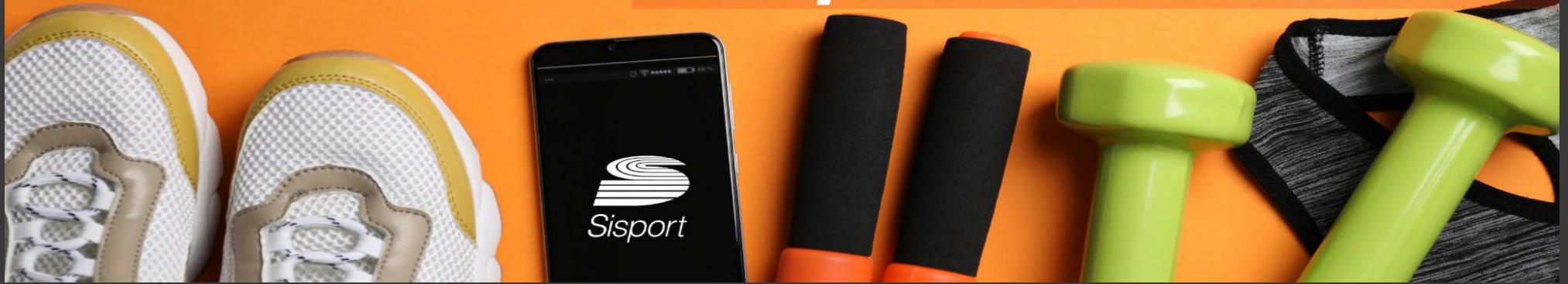




# Sisport On Demand



Lezioni in diretta e streaming sulla pagina Facebook "Sisport on Demand"  
<https://www.facebook.com/groups/379793429871264>

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO	DOMENICA
10:00		CIRCUIT TRAINING	PILATES	GAG	POSTURAL		
11:00	TONE					YOGA	
13:00	FATBURNING		JOLLY CLASS		BODY BALANCE		
19:00	POSTURAL	GAGAGOGO	EXTREME	TOTAL BODY	TABATA		
20:00			YOGA				

Abbonamenti [www.sisport.life](http://www.sisport.life) Info e contatti: [sisport@fcagroup.com](mailto:sisport@fcagroup.com)